

Huntsville Pony Club
is proud to present a
Daniel Stewart Symposium



LOCATION: Bob Jones High School cafeteria, 650 Hughes Rd, Madison, AL 35758

TOPICS :

Sport Psychology Seminar - This very humorous approach to rider psychology teaches stress management, positive thinking, visualization, and goal-setting techniques. Learn to improve your enjoyment, confidence and performance by eliminating stress, performance anxiety and fear from your riding / showing experiences.

Symmetry and Balance Workshop - This un-mounted workshop teaches rider-specific exercises using a special balance board developed especially for equestrians. The fun and effective exercises improve your riding by helping you identify and solve imperfections with your balance, symmetry, posture, body-awareness and suppleness.

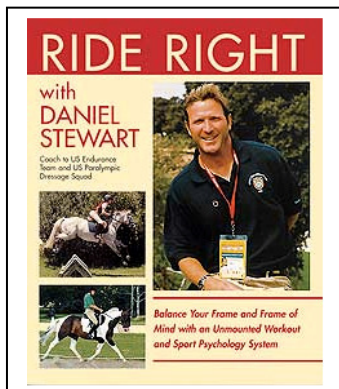
SCHEDULE:

- 11:30 to 1:00 - Sport Psychology Seminar
- 1:00 to 1:30 - Book signing and lunch
- 1:30 to 3:30 - Balance and Symmetry Workshop
- 3:30 to 4:00 - Wrap up and question period
- 4:00 - Leave for airport

COST:

Everyone is welcome and encouraged to attend! FREE to all Pony Clubbers and their immediate families. All Pony Clubs welcome! \$20 fee for non-pony clubbers. Please send in registration form for each attendee. Thanks!

ABOUT DANIEL STEWART:



For the past two years, Mr. Stewart has been a guest presenter at the US Pony Club National Conventions on the topic of Sports Psychology to “**standing room only**” crowds! He has been coaching current/future prospects for various U. S. Equestrian Teams since 1999. Most recently he coached the US Endurance Team at the World Equestrian Games in Aachen, Germany, World Endurance Championships in Dubai UAE and the 2004 Athens Games in Greece. For more information, go to his website:

www.riderightnow.com

Daniel Stewart Symposium (Sun., Oct. 7)

REGISTRATION FORM (deadline Oct. 3)

Name: _____

Street/P.O. Box: _____

City, State, Zip: _____

Pony Club Affiliation (if rider/family are pony clubbers): _____

Cell Phone # and email address _____

This is an unmounted symposium. Because of the clinic schedule, lunch will be offered as pre-ordered box lunches (includes sandwich, cookie, chips, beverage) for \$6 each. Please indicate the number of Ham or Turkey sandwiches you wish to order. Assorted chips and beverages will be available for your selection.

Turkey: _____ x \$6 each = _____

Ham: _____ x \$6 each = _____

Veggie: _____ x \$6 each = _____

Total amount enclosed (Please make checks out to Huntsville Pony Club.):\$ _____

Please send completed registration form (including fees and lunch orders, if applicable) to Nancy Smith, 1110 Appalachee Dr., Huntsville, AL 35801 by Wednesday, October 3, 2007.